



SAMVID GURUKULAM GIRLS SAINIK SCHOOL

DAILY ROUTINE OF CADETS (WINTER) 2026-27 SS

START	END	ACTIVITIES
5:30 AM	6:00 AM	Wake up & Freshen up
6:00 AM	6:45 AM	PT & Drill/ Yoga
6:45 AM	7:45 AM	Bath & Getting Ready
7:45 AM	8:20 AM	Breakfast
8:25 AM		Arrival of Teachers & Students
8:30 AM	8:50 AM	Assembly
8:50 AM	9:30 AM	1st Period
9:30 AM	10:10 AM	2nd Period
10:10 AM	10:50 AM	3rd Period
10:50 AM	11:30 AM	4th Period
11:30 AM	12:10 PM	5th Period
12:10 PM	12:50 PM	Lunch time
12:50 PM	1:30 PM	6th Period
1:30 PM	2:10 PM	7th Period
2:10 PM	2:50 PM	8th Period (Academic Plus Class)
2:50 PM	3:00 PM	Dispersal Assembly
2:50 PM	3:30 PM	Rest Time
3:30 PM	4:45 PM	Sports
4:50 PM	5:20 PM	Snacks Time
5:30 PM	6:50 PM	Supervised study with Residential Teachers
7:00 PM	7:15 PM	Own Time
7:15 PM	8:00 PM	Arti & Sanskaram
8:00 PM	8:10 PM	Roll Call
8:10 PM	9:00 PM	Dinner
9:05 PM	10:45 PM	Supervised study Time
11:00 PM		Lights off