# SAMVID GURUKULAM GIRLS SAINIK SCHOOL

## DAILY ROUTINE OF CADETS (WINTER) 2026-27

| START | END | ACTIVITIES |
|---|---|---|
| 5:30 AM | 6:00 AM | Wake up & Freshen up |
| 6:00 AM | 6:45 AM | PT & Drill/ Yoga |
| 6:45 AM | 7:45 AM | Bath & Getting Ready |
| 7:45 AM | 8:20 AM | Breakfast |
| 8:25 AM | ..... | Arrival of Teachers & Students |
| 8:30 AM | 8:50 AM | Assembly |
| 8:50 AM | 9:30 AM | 1st Period |
| 9:30 AM | 10:10 AM | 2nd Period |
| 10:10 AM | 10:50 AM | 3rd Period |
| 10:50 AM | 11:30 AM | 4th Period |
| 11:30 AM | 12:10 PM | 5th Period |
| 12:10 PM | 12:50 PM | 6th Period [Class III TO XII]<br>Recess for Day scholars & Lunch for Hostler [class VI to VIII SS] |
| 12:50 PM | 1:30 PM | 6th Period [Class VI to VIII SS]<br>Recess for Day scholars & Lunch for Hostler [class III to XII] |
| 1:30 PM | 2:10 PM | 7th Period |
| 2:10 PM | 2:50 PM | 8th Period |
| 2:50 PM | 3:00 PM | Dispersal Assembly |
| 2:50 PM | 3:30 PM | Prep by D/s Teachers (Class X, XI & XII) |
| 2:50 PM | 3:30 PM | Rest Time |
| 3:30 PM | ..... | Dispersal of Day scholars Teachers |
| 3:30 PM | 4:45 PM | Sports |
| 4:50 PM | 5:20 PM | Snacks Time |
| 5:30 PM | 6:50 PM | Supervised study with Residential Teachers (Class III to XII) |
| 7:00 PM | 7:15 PM | Own Time |
| 7:15 PM | 8:00 PM | Arti & Sanskaram |
| 8:00 PM | 8:10 PM | Roll Call |
| 8:10 PM | 9:00 PM | Dinner |
| 9:05 PM | 10:45 PM | Supervised study Time |
| 11:00 PM | ..... | Lights off |

*** Pre Primary Timings - 09:50 am to 1:20 pm**